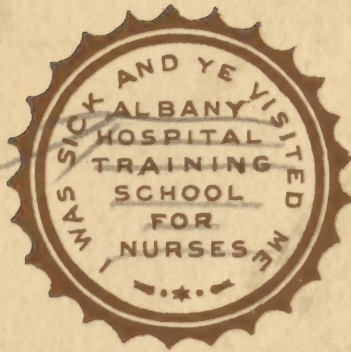


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# ALBANY HOSPITAL

## SCHOOL FOR NURSES

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Announcement

ALBANY,

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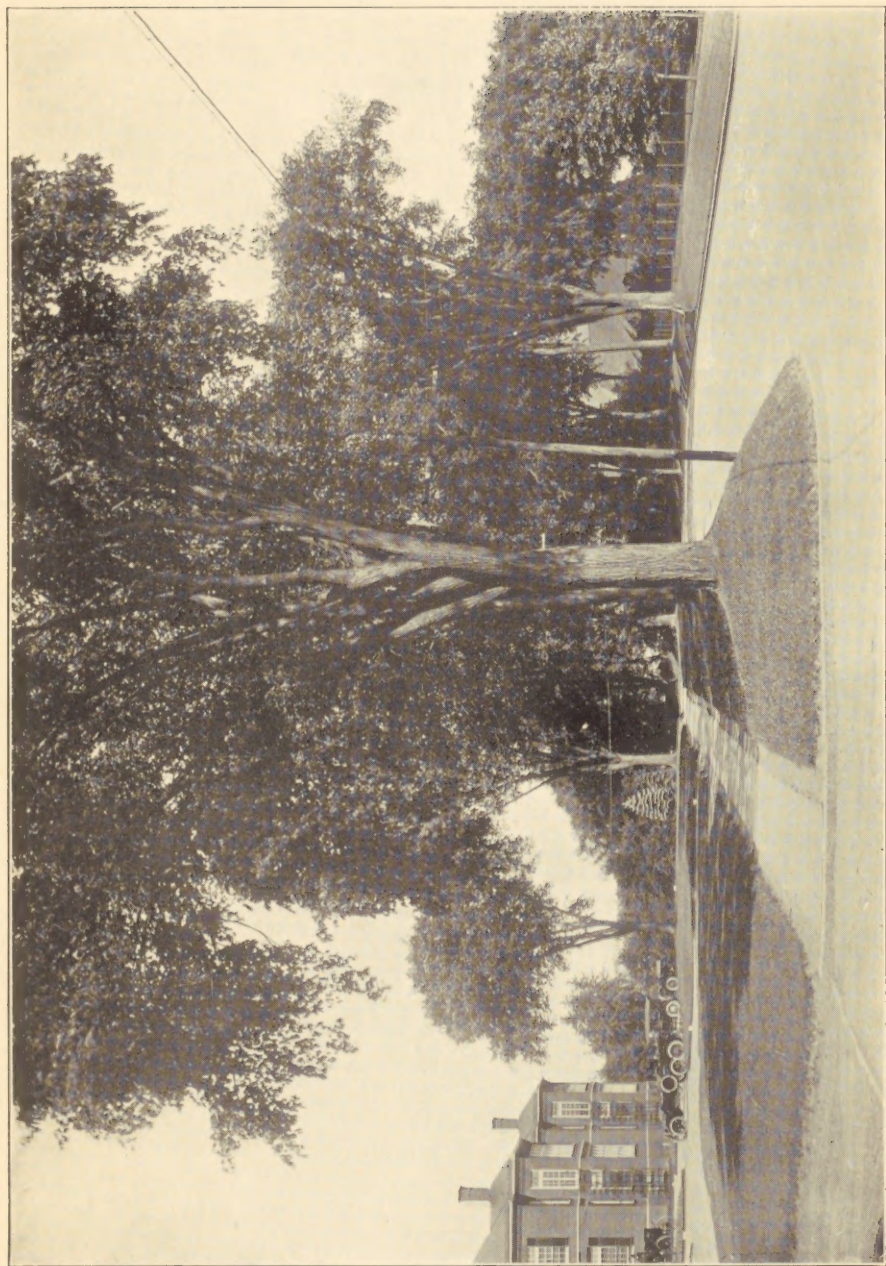
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FRONT OF HOSPITAL

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The MAYOR and the RECORDER of the City of Albany, *ex-officio*

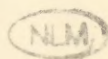


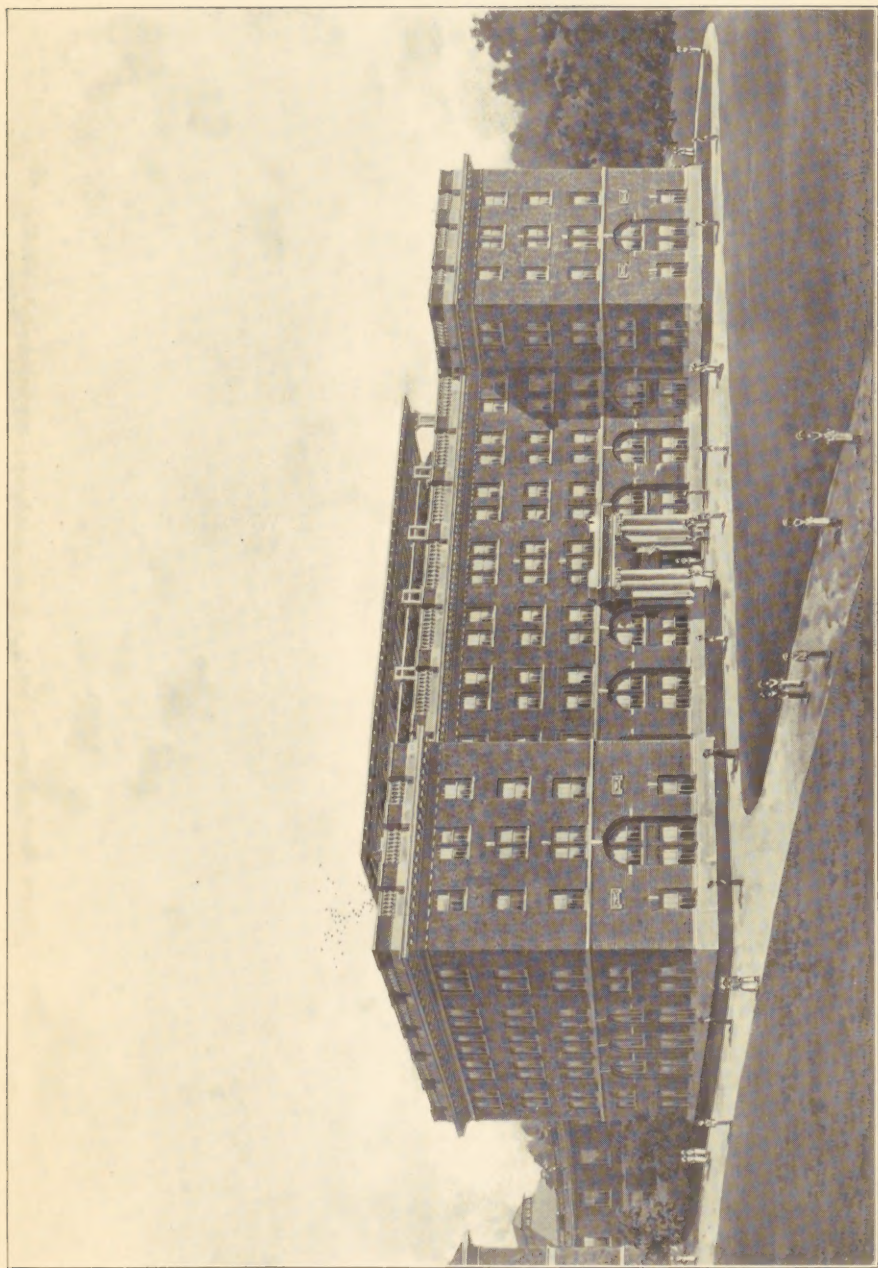
*Superintendent*

HAROLD C. GOODWIN, M. D.

*Principal of the School for Nurses*

SUSAN C. HEARLE, R. N.





NURSES HOME

## **Instructors**



### *Principal of the School for Nurses*

SUSAN C. HEARLE, R. N.

### *Assistants*

MARY REID DONALD, R. N.

RUBY E. WOOD, R. N.

### *Night Supervisor*

MATTIE WASHBURN

### *Instructor of Practical Nursing*

FRANCES GRAY, R. N.

### *Instructor of Massage*

ANNA VORIS

### *Instructor of Dietetics*

ALICE WALTON

### *Instructors of Urinary Analysis*

RALPH B. POST, M. D.

H. BURDETTE RIGGS, M. D.



HOSPITAL GROUNDS

## Head Nurses



### *Operating Room*

ANNA E. FLYNN, R. N.

### *Mental and Nervous Wards*

ALICE KLUTE, R. N.

### *Contagious Wards*

ELSIE E. PETERSON, R. N.

### *Tuberculosis Sanatorium*

AGNES M. DAYTON

## Lecturers



### *First Year:*

Anatomy .....	George G. Lempe, M. D.
Physiology .....	Clinton B. Hawn, M. D.
Bacteriology .....	Harry S. Bernstein, M. D.

### *Second Year:*

Obstetrics .....	G. Emory Lochner, M. D.
Surgery .....	Edgar A. Vander Veer, M. D.
General Infectious Diseases ....	Charles K. Winne, M. D.
Diseases of Heart and Lungs...	James F. Rooney, M. D.
Tuberculosis and Kidney Dis- eases .....	Andrew MacFarlane, M. D.
Nervous and Mental Diseases..	J. Montgomery Mosher, M. D.
Diseases of the Stomach and In- testines; Diet in Disease.....	T. Frederick Doescher, M. D.
Bandaging .....	James N. Vander Veer, M. D.

### *Third Year:*

Gynecology .....	John A. Sampson, M. D.
Orthopedics .....	John M. Berry, M. D.
Infants and Young Children....	Harry L. K. Shaw, M. D.
Diseases of the Eye .....	Charles H. Moore, M. D.
Diseases of the Ear .....	Herman Bendell, M. D.
Diseases of the Nose and Throat	Arthur G. Root, M. D.
Dermatology .....	Frederick C. Curtis, M. D.
Accidents and Emergencies.....	George G. Lempe, M. D.



THE ALBANY HOSPITAL

## The Albany Hospital School for Nurses



The Albany Hospital School for Nurses is a part of the Albany Hospital, under the same Board of Governors. It was incorporated under a separate board in 1897 and reorganized under the present management in 1911. This school, connected as it is with a general hospital, accommodating four hundred and ninety patients, gives a wide and varied training in all branches of nursing, and thoroughly prepares its graduates to enter any of the many fields of usefulness open to the graduate nurse of to-day.

This profession offers a variety of inducements to the ambitious young woman seeking a dignified, interesting and useful career. To the woman who loves travel—the army, the navy and the government hospitals in Panama, and the Philippine Islands prove attractive. Social settlement work, district and school nursing are fields open to the nurse who loves her kind.

The Red Cross has recently added to its usefulness by establishing a rural nursing service, which offers “great opportunity for humanitarian and educational work in the rural communities to the nurse who understands and enjoys country life.” While for the woman who possesses executive ability and desires to use it, hospital positions all over the country are waiting.

The Teachers’ College, Columbia University, has a department of hospital economics for nurses who wish to pursue their studies beyond the training school curriculum. Recently the larger hospitals have created the position of Instructor of Nurses, an attractive occupation for a woman who has had some training in pedagogy.

A new nurses’ home for the nurses in training in the Albany Hospital is in process of construction, in which one hundred and fifty nurses can easily be accommodated, each nurse having a separate room. Ample toilet facilities are provided, spacious dining and lecture rooms planned for, and separate rooms for

study and the reception of friends are a feature of the building. There will also be a large auditorium in which entertainments of all kinds may be held. The mental balance, the change of thought, and outlook upon life afforded by suitable recreation is rightly considered to be of great value in the life of a nurse.

Recreation and exercise can be had in the spacious grounds surrounding the hospital. The cool green lawns, and the shady tennis court make an ideal spot in which to spend a summer afternoon. For winter "off-duty" hours, the State Library with its superb collection of books offers tempting opportunities for research work to the enterprising nurse.

Candidates wishing to obtain the course of instruction must apply personally or by letter to the principal of the school. Statements are required from a clergyman testifying to good moral character and qualifications for undertaking professional work; from a physician certifying to sound health and unimpaired faculties, and from a dentist stating that the teeth are in good condition. The applicant must have no hereditary tendency to pulmonary or constitutional disease, and must be free during the course of training. Applicants must be between eighteen and thirty-five years of age, and of at least average height and physique. They must have credentials showing the successful completion of one year in a secondary school or its equivalent. This amount of education is indispensable, and women of superior intelligence and cultivation will be preferred, provided they can fill the requirements in other particulars. Applicants who are approved are admitted for a term of three months, during which time they are under the direct supervision of the instructors and head nurses. The object of this course is to provide the student with some of the fundamental knowledge upon which nursing depends; to prove her general fitness of disposition and temperament for the work and to insure correct and uniform methods from the beginning.

The principal of the school decides as to the fitness of pupils for the work of nursing and the propriety of retaining or dismissing them during the term of probation. She may also, with the approval of the Board of Management, terminate the connection of a pupil with the school at any time in case of misconduct, inefficiency, neglect of duty, insubordination or failure to pass the required examinations.



GROUNDS

Pupils reside in the Nurses' Home and serve as assistants in various parts of the hospital for the full term of three years. They are also expected to perform any duty assigned them by the principal of the school. Pupils are on duty not less than eight and one-half hours daily. Hospital duties permitting, they are given one-half of Sunday and one afternoon during the week.

No charge is made for tuition. Pupils receive board, lodging and a reasonable amount of laundry from date of entrance. An allowance of \$7.00 per month, exclusive of the months of probation, is made to defray the necessary expenses of uniforms, books, etc.

In sickness, all pupils are cared for gratuitously. The time lost through this or any other cause must be made up.

Examinations are held at the close of each course of instruction and the standing of the pupil is based upon the general character of work throughout the year, as well as on the results of the examinations. Those completing satisfactorily the full term of three years and passing successfully the required examinations will receive the diploma of the school.

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## Theoretical Course of Instruction



### PROBATIONARY PERIOD

During this period the students are given daily classes, demonstrations and lectures followed by several hours of practice on the wards. Instruction is first given in the care of kitchens and lavatories, and the cleaning of copper, brass, marble, glass and utensils used in the wards. Following this are classes in tray serving, linen folding, bed making, the bathing and care of the patient; various forms of treatment; isolation and disinfection of dishes and clothing. Particular stress is laid on points in practical nursing.



GROUP OF NURSES

## JUNIOR YEAR

The Junior year includes the study of Anatomy, Physiology, Nursing, its principles and practice, Dietetics, Hygiene, Bacteriology, Observation of Symptoms, and Materia Medica.

## INTERMEDIATE YEAR

The intermediate year includes Medicine, Surgery, Obstetrics, Bandaging, Nervous and Mental Diseases, a Study of the Circulatory and Excretory Systems, Diseases of the Stomach, and Diet in Disease.

## SENIOR YEAR

During the Senior year, in addition to the study of Massage, Gynecology, Electro Therapeutics, Diseases of the Special Senses and Surgical Technique, as taught in the operating rooms, the pupils are assigned such positions of responsibility as may be available, acting as charge nurses that they may learn something of hospital administration.

The school year of theoretical work begins the 1st of October and ends the 1st of June. Classes are admitted preferably in the spring and fall, beginning with March and September. Occasionally pupils are admitted at other times during the year to fill chance vacancies.

The Albany Hospital Training School received the Registration Certificate in January, 1905, thus making its graduates eligible for examination for State registration.

The school steadily maintains its interest in those whom it has trained, and takes advantage of all opportunities of placing its graduates where they can render the most helpful and acceptable service.

Final examinations are held at the end of the third year. The standing of the pupil is based upon the general character of the work throughout the course of instruction as well as upon the results of examinations.

For further information apply to the Principal of the School for Nurses, Albany Hospital, Albany, N. Y.





